



EXPERIENCE
CAPE TOWN.
AT THE
PRESIDENT.

What we have on offer.

Welcome to the Mother City

– where nature, adventure, culture and excitement are never more than a few moments away. Whether you want to spend a day exploring our iconic mountain, laze on a Blue Flag beach, discover your new favourite local dish or immerse yourself in our unique melting pot of cultures and authentic adventures – you'll find it all right here in Cape Town. Exploring Cape Town has never been this easy – let us take you on this journey!

Step outside and discover a world of wonder right on our doorstep. Just a short stroll down the road from the hotel will take you to the Atlantic Ocean where Queen's Beach and Saunders' Rock Beach lead onto Sea Point Promenade and the Sea Point Pool. Continue along the Promenade to the famous V&A Waterfront, while looking out for whales, dolphins and seals along the way. Do you like to hike, trail run or explore by foot? The entrance to Lion's Head is directly behind us on Signal Hill Road or follow the signs to one of the New 7 Wonders of the World, Table Mountain.

Speak to our Travel Experience Desk for more information on any of the below suggested activities and attractions so that they can assist you with booking your preferred adventure.

Our Travel Experience Team



Kwathlano Tours. An extensive range of luxury curated half-day and full-day tours.

www.kwathlano.co.za

E: capetown@kwathlano.co.za

T: 0861 CAPE TOWN / 0861 227 386

LOCAL ATTRACTIONS

Hop-On Hop-Off Red City Sightseeing Bus

The best way to see Cape Town.

Distance from hotel: 20m

www.citysightseeing.co.za

Sea Point Promenade

11km walkway running from Bantry Bay to Mouille Point.

Distance from hotel: 50m

Sea Point Pool

Olympic-sized sea water pool on the ocean's edge.

Distance from hotel: 700m

Table Mountain Aerial Cableway

One of the New 7 Wonders of Nature. Enjoy 360° views as you glide to the top of iconic Table Mountain.

Distance from hotel: 7km

www.tablemountain.net

V&A Waterfront

A stylish shopping and entertainment destination.

Distance from hotel: 7km.

Complimentary shuttle available at the front entrance on a first come first serve basis (in season only).





Beaches

Amongst the best in the world, right on your doorstep! Complimentary shuttle available at the front entrance on a first come first serve basis (during December only).

Saunders' Rock Beach

Distance from hotel: 100m

Queen's Beach

Distance from hotel: 350m

Clifton 1st Beach

Distance from hotel: 2km

Camps Bay

Distance from hotel: 5km

Simon's Town and Boulders Beach

Distance from hotel: 40km

Parks, Gardens & Nature Reserves

Stroll, picnic and play in these lush green oases.

Green Point Urban Park

Distance from hotel: 3.5km

Company's Garden Park and Heritage Site

Distance from hotel: 8km

Kirstenbosch National Botanical Garden

Distance from hotel: 17km

Silvermine Nature Reserve

Distance from hotel: 35km

Winelands

Savour some of South Africa's finest wines from our Presidential Wine Experience Menu. Or discover and explore the local wine farms and estates to enjoy the fruit of the vine from the source.

The Constantia Wine Route

Distance from hotel: 20km

Durbanville Wine Valley

Distance from hotel: 30km

Stellenbosch Winelands

Distance from hotel: 55km

Markets

Browse, sample and shop at these lively markets.

MOJO Market - Sea Point.

Distance from hotel: 800m (Monday to Sunday)

Greenmarket Square - CBD.

Distance from hotel: 4.6km (Monday to Sunday)

Oranjezicht City Farm Market - V&A Waterfront.

Distance from hotel: 5km (Saturday and Sunday)

The Old Biscuit Mill Market - Woodstock.

Distance from hotel: 9km (Saturday and Sunday)

The Bay Harbour Market - Hout Bay.

Distance from hotel: 19km (Friday to Sunday)

ROOT44 Market - Stellenbosch.

Distance from hotel: 50km (Saturday and Sunday)



Galleries & Museums

Delve into Cape Town's rich history and culture.

Bo-Kaap Museum

Distance from hotel: 5.6km

Robben Island Museum

Distance from hotel to ferry: 6km

District Six Museum

Distance from hotel: 6.6km

Zeitz MOCAA

Museum of Contemporary Art Africa.

Distance from hotel: 7km

Cape Town Diamond Museum

Distance from hotel: 7km

South African National Gallery

Distance from hotel: 8.5km

Golf Courses

Tee off at a number of world-class golf courses.

Metropolitan Golf Club

Distance from hotel: 4.6km

The River Club

Distance from hotel: 14km

King David Mowbray Golf Club

Distance from hotel: 15km

Royal Cape Golf Club

Distance from hotel: 22km

CURATED EXPERIENCES AND ADVENTURES

Rainbow Academy (Non-Profit Organisation)

The Rainbow Academy is a School of Performing Arts and Business with the aim of nurturing talent whilst educating and addressing youth unemployment in the Performing Arts and Creative Industries.

The Rainbow Academy works with young people between the ages of 17-25 years from disadvantaged communities in the Cape Metropolitan area. Our Experience Hosts can arrange a visit for you to see the amazing talent at work or simply make a donation and help create a better future for the youth of Cape Town.

www.rainbowacademy.co.za

Mzoli's Restaurant

Tuck into traditional braai meat and pap at this vibrant eatery in Gugulethu.



Langa Township Tour (Non-Profit Organisation)

Discover the people and stories of Cape Town's oldest township, book via our Travel Experience Desk.

www.ikhayalelanga.co.za

Bo-Kaap Cooking Tour

Explore Cape Malay food, life and culture.

www.bokaapcookingtour.co.za

Goodhope Adventures Tunnel Tours

Go underground to discover the hidden tunnels and bunkers of an old fort from 1795.

www.goodhopeadventures.com

Free Walking Tours

Discover the city on foot with a range of free walking tours.

www.freewalkingtourscapestown.co.za

EXTREME EXPERIENCES

Abseil Africa

Step off the top of Table Mountain and abseil down a sheer cliff.

www.abseilafrika.co.za

Parapax Tandem Paragliding

Launch off Signal Hill or Lion's Head for sweeping views over the city.

www.parapax.co.za

Mother City Skydiving

Take the plunge and soar above the city.

www.skydiving.co.za

SA Forest Adventures Ziplining

Enjoy panoramic views of Cape Town, the extreme way.

www.saforestadventures.co.za

FAMILY EXPERIENCES



Great Wet Weather Options

Two Oceans Aquarium, V&A Waterfront

Discover over 3000 marine creatures at one of the best aquariums in the world.

Distance from hotel: 7km

www.aquarium.co.za

PlayDate Indoor SuperPark, V&A Waterfront

PlayDate is an indoor activity play park for kids of all ages.

Distance from hotel: 7km

www.superpark.co.za

Artjamming, V&A Waterfront

The art of Paintertainment.

Distance from hotel: 7km

www.artjamming.co.za

Rush Indoor Trampoline Park

Bounce your way through wall-to-wall trampolines and obstacle courses.

www.rushsa.co.za

Sea Point Putt Putt

Challenge your family to a round of miniature golf.

Tel: 021 434 6805

Ground Zero Paintball

Team up for an explosion of fun.

www.groundzeropaintball.co.za

Bugz Family Playpark

Treat the kids to the time of their lives at this fun-filled adventure destination.

www.bugzplaypark.co.za

S.W.A.T Lasertag

Safe and super-fun sniper games.

www.swatlasertag.co.za

Acrobranch

Swing, climb and jump through a thrilling tree-top obstacle course.

www.acrobranch.co.za

Cool Runnings

Bobsled along the only toboggan track in Africa.

www.coolrunnings.capetown

Imhoff Farm

Something for everyone in your family to enjoy.

www.imhofffarm.co.za

Meet the Boulders Beach Penguins in Simons Town

www.sanparks.org

OCEAN ADVENTURE EXPERIENCES

Big 5 Ocean Safari

Explore the ocean by boat and spot whales, penguins, seals, dolphins and more.

www.oceanexperiences.co.za

Stoked School of Surf

Brush up on your surf skills with experienced instructors.

www.stokedsurfschool.com

GET INVOLVED

Waves for Change (W4C)

Changing Lives, One Wave At A Time. W4C provides a child-friendly mental health service to vulnerable and differently abled young people living in unstable communities. Through connections to safe spaces, caring mentors, and a 12-month weekly Surf Therapy curriculum.

www.waves-for-change.org





OCEAN EXPERIENCES

Seal Snorkeling

Frolic with playful seals in the waves.

Kayaks and Stand Up Paddling (SUP)

Paddle along the beautiful Atlantic Seaboard and beyond.

Deep Sea Fishing Charters

Catch the big one on a chartered fishing expedition.

Scuba Diving

Explore underwater shipwrecks and sea life in Sea Point.

Kite Surfing

Learn to kite surf like a pro.

Shark Expeditions

Get up close to great white sharks and other fascinating marine life.

Yacht Cruises (private or shared)

Daily sailing tours along the beautiful Cape Coastline.

Whale Watching (June – November)

Visit The Point (first floor) and use the telescope for Whale Spotting. Don't forget to ring the bell when you spot these magnificent creatures.

OUTDOOR EXPERIENCES

Daytrippers Mountain Biking Tours

Explore Cape Town's many rugged MTB routes.

www.daytrippers.co.za

Chapman's Peak Drive

Drive along this scenic coastal road for stunning views of the ocean.

www.chapmanspeakdrive.co.za

COBRA EXPERIENCE

Let us pack you a picnic and explore Chapman's Peak in the Cobra of your dreams.

www.cobraexperience.co.za



Guided Motorbike Tours

Hit the road on a full-throttle tour around the Peninsula in a Harley or motorbike of your dreams.

www.kwathlano.co.za

Side Car Tours

Hop into a side car on a chauffeured trip around the city and beyond.

www.sidecars.co.za

Electrek Bicycle and Scooter Hire

Explore the neighbourhood the Electrek way. Collection from the hotel can be arranged through our Travel Experience Desk.

www.electrek.co.za



Cape Town Helicopters

See the beauty of Cape Town from above.

www.capetownhelicopters.co.za

Imhoff Equestrian Centre

Experience the scenic shores of Noordhoek Beach on horseback.

www.horseriding.co.za

WELLNESS EXPERIENCES

Green Point Park or Sea Point Promenade Fitness Circuits

Exercise in the fresh air at these exhilarating free outdoor gyms.

Park Run

Join a 5km organised park run through the city's most beautiful green spaces, every Saturday at 8am.

www.parkrun.co.za

Upcycle Bikes

Pick up a bike at the Pavilion and explore the city on two wheels. Or ask the Travel Experience Desk to arrange for collection at the front door!

www.upcycles.co.za

SUP Yoga

Find your zen with SUP yoga classes.

www.supcapetown.co.za

Don't forget to join our complimentary yoga classes overlooking the Atlantic Ocean. Please ask about our weekly yoga schedule.



Experience Cape Town. At The President.

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#ThePreferredLife #AtThePresident

