

# BOTANY CAFÉ MENU



## SMOOTHIES & RAW JUICES

### Matcha Mint Power

Matcha Mint Tea, Coconut Milk, Frozen Yoghurt, Milk, Spinach and Agave Syrup

R80

### Berry Bliss

Blueberry, Raspberry, Goji Berry, Strawberry, Banana, Frozen Yoghurt, Honey and Milk

R80

### The Nutty Banana N

Peanut Butter, Almonds, Banana, Frozen Yoghurt, Milk and Honey

R80

### Strawberry Kiss

Strawberry, Banana, Frozen Yoghurt and Apple Juice

R80

### C-Boost

Mango, Pineapple, Carrot and Orange

R70

### Keen-Wa

Apple, Spinach, Cucumber, Pineapple, Quinoa, Celery and Lemon

R70

### Overflow

Orange, Carrot, Lemon and Ginger

R70

### Beet This

Apple, Beetroot, Cucumber and Lemon

R70

### CBC

Carrot, Beetroot and Celery

R70

### I'm Not A Kiwi

Apple, Spinach, Cucumber, Celery and Chia Seeds

R70

SIT DOWN OR TAKE-AWAY  
FRESH, HEALTHY & DELICIOUS

SERVED DAILY  
10AM - 6PM

# BOTANY CAFÉ MENU



## WRAPS

### Malaysian Chicken Satay N

Chicken, Pineapple, Carrot, Baby Spinach and Satay Mayo

R85

### The Original Caesar

Chicken, Cherry Tomatoes, Pecorino Cheese, Bacon, Cos Lettuce and Caesar Dressing

R85

### Pollo Burrito

Chicken, Salsa, Chipotle Mayo, Red Peppers, Cream Cheese, Rocket, Carrot and Coriander

R85

### Harissa Spiced Chicken

Chicken, Feta, Avocado, Carrot, Cherry Tomatoes, Coriander, Spring Onion, Apricots and Harissa Mayo

R85

### Presidential Thai N

Chicken, Cashew Nuts, Broccoli, Carrot, Green Pepper, Cabbage, Mint, Sesame Seeds, Spinach and Thai Basil Pesto

R85

### Hombre Chipotle

Beef Steak, Cabbage, Carrot, Spinach, Cherry Tomatoes and Chipotle Mayo

R85

### Vegetable Harvest V

Feta, Avocado, Cucumber, Carrot, Spinach, Celery and Lemon Mayo

R70

We strive to use fresh, seasonal, locally-sourced ingredients to support ethical farmers and local artisans from Cape Town and the Western Cape. The free-range chicken is proudly raised and produced in the Western Cape and is completely free of antibiotics, growth stimulants and hormones. We use local line caught hake that is sustainable and green-listed on SASSI and our smoked salmon is from Franschoek and is sustainable.

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# BOTANY CAFÉ MENU



## THE BOXES

### Pool Side Box N

A Wrap of your Choice with Dry Wors, Nuts and Grapes

R170

### Lunch Box

A Wrap of your Choice with Dry Wors, Crisps, Apple, Jungle Bar and a Smoothie or Raw Juice of your Choice

R180

### Picnic Box For 2 N

2 Wraps of your Choice, Smoked Snoek Pâté and Chicken Liver Pâté with Freshly Baked Baguette, Dry Wors, Nuts, Dried Fruit, Cheese Cake and a Bottle of House Wine

R750

## HOT DRINKS

Caffé Latte

R30

Cappuccino

R30

Espresso Single

R22

Americano

R22

Five Roses Tea

R20

Rooibos Tea

R20

Green Tea

R20

Earl Grey Tea

R20

English Breakfast Tea

R20

Please ask your waiter for a soya milk or almond milk alternative. Almond milk is charged at R5 extra.

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